



Phoenix Activities

Monday



The garden project at Well Close House is open all day today. Go and see what great things they are doing.

AM



Craft, Let's work on the theme that is running. You can add to our display or take what you have made home.

PM



Let's go for a walk. There are a few parks around Phoenix.



You can have a game of Boccia with some friends.



Relax on the Hydro Massage bed.

Tuesday

AM



Let's go and get the shopping. Take the shopping list and off to town.



Let's chat with friends. Find out what they have been doing and what is happening in the newspaper.

PM



Choose what you would like to do.

Wednesday – closed

Thursday



Well Close gardens are open today. Go there and see what they are growing and making.

AM



Let's cook our lunch together. Follow our recipe cards together. Serve up our meal we have made.

Let's do some craft. You can get involved with our theme that is going on.



PM



Join in with chair Yoga.
Malee will show you what to do.

Friday

AM



Let's join in with a quiz with Ross.

PM



Join in with some games. It could be Skittles, Boccia, connect 4, Basketball.



How about some Karaoke? Let's all have a sing song, maybe even a dance.