

St Vincent's & St George's Association is a registered charity: 1111403

## **Terms & Conditions**

Please note that these events involve demanding, vigorous exercise. You will be expected to trek continuously for between 4-12 hours in mountainous areas, often over difficult terrain and in variable weather. Participants are responsible for making sure they are prepared for the trek by training and bringing the required kit and equipment. Seeking permission from your GP beforehand is also advised.

## **Refunds**

Registration fees and tickets cover the overheads of the event and help to guarantee participation on the day. All registration fees and tickets for participating in St Vincent's & St George's Association events are non-refundable after 7 days have passed (as per Distance Selling Regulations) from the participant registering, either online, by phone or receipt of a booking form.

## **General**

Before registering for this event, you should be fit to participate, seeking medical advice if appropriate. You should inform event organisers of any relevant existing medical conditions and any arising after registration that might affect your participation. Your safety is of paramount importance, so please ensure that you follow all safety instructions and training procedures when participating in events.

We have taken all reasonable steps to eliminate the chance of injury but there is a certain minimal risk in every activity and you should withdraw from the event if you have any doubts. St Vincent's & St George's Association recognises that climbing, hill walking and mountaineering are activities with a danger of personal injury or death. Participants in these activities should be aware of and accept these risks and be responsible for their own actions and involvement.

St Vincent's & St George's Association, its employees, agents and volunteers accept no liability whatsoever to participants or spectators in respect of any loss, damage or personal injury which may be sustained in the course of this event other than personal injury (including death) caused by our negligence. Liability cannot be accepted for any damage, injury or loss arising from the negligence of participants (whether through failure to observe the rules of the event or otherwise).

Our third party supplier is responsible for your safety on all routes. They will be in regular patrol of the route and assessing the weather and terrain at all times. Any decision to cancel or curtail the event will come from them and will only be taken if they consider the health and safety of the participants to be in doubt should the event continue.

## **Age**

You must be at least 16 years old to take part in this challenge.

Anyone under the age of 18 requires parental consent and must be accompanied by a parent or guardian. Parents must decide if the event is appropriate for their child and seek additional information if necessary. We reserve the right to prohibit individuals from taking part, and will do so if participants under 18 have failed to provide evidence of parental consent.

It is strict policy for these events that 16-17 year olds must be accompanied at all times by the parent/guardian responsible for them, therefore if the parent/guardian retires from the event the young person/s would have to retire from the event too.

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### **Fitness**

All our UK treks and walks are physically demanding events; hill climbing is no easy task and requires a certain level of fitness and stamina best acquired through training. The training you complete before the event will make a big difference. We provide advice and guidance on training and nutrition in participant welcome packs.

### **Kit list**

We provide an essential items kit list in participants' welcome packs. The essential items on the kit list are required for your safety. Our outdoor pursuit company will not let you take part if you are missing essential equipment.

Essential kit includes: walking boots, waterproof jacket and trousers, rucksack, warm weather kit (sunscreen, sun hat, sunglasses), cold weather kit (woolly hat, gloves, warm clothes), insect repellent, food and drink, mobile phone.

### **Registration**

Participation in this event is by pre-registration only. For health and safety reasons walk-ups on the day will not be permitted to take part.

We also do not accept substitutions on the day; only the person who registered for the event is able to use that place.

### **Timings**

All walkers must be on time for event start, and late arrivals will not be permitted to take part.

### **Cancellations**

Our outdoor pursuit company regularly monitors the weather along the route in advance of a trek, and they will advise us of any safety concerns before the event goes ahead. Any decision to cancel the event, either beforehand or during the event, would be based on their expert advice. Should we be advised to cancel the event, all participants would be contacted by telephone immediately. If we cancel the event participant registration fees will be eligible for a refund. Participants will be refused if they are inappropriately dressed for the challenge; in this instance no refunds will be given.

### **Fundraising**

Registration is £35 per participant and is non-refundable. All participants are requested to raise £150 in sponsorship in aid of St Vincent's & St George's Association. Team Leaders (if fundraising in a group) are responsible for their team's fundraising target.

### **Photography and video**

Photographs may be taken of you during the event which may be used to publicise future St Vincent's & St George's Association events and the work of the charity generally including on our website.

Occasionally staff from our third party mountain guide company will take pictures of participants which are used to record the event and are sometimes used on social media. Please let the staff know if you would not want the images to be used in this way.